

1 400m Freestyle Men Final

Total

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Charlie Dickisor	15		0.67		3:56.99 Entry: 3:58.71 -1.72
	25m: 12.69 50m: 26.89 (14.20) 75m: 41.55 (14.66)					
	100m: 56.45 (14.90) 125m: 1:11.49 (15.04) 150m: 1:26.63 (15.14)					
	175m: 1:41.63 (15.00) 200m: 1:56.72 (15.09) 225m: 2:11.76 (15.04)					
	250m: 2:27.18 (15.42) 275m: 2:42.55 (15.37) 300m: 2:57.93 (15.38)					
	325m: 3:12.97 (15.04) 350m: 3:28.20 (15.23) 375m: 3:42.91 (14.71)					
	400m: 3:56.99 (14.08)					
2	 Mitch Ellis	17		0.67		3:59.17 Entry: 4:01.06 -1.89
	25m: 12.70 50m: 27.19 (14.49) 75m: 42.28 (15.09)					
	100m: 57.44 (15.16) 125m: 1:12.65 (15.21) 150m: 1:28.22 (15.57)					
	175m: 1:43.71 (15.49) 200m: 1:58.93 (15.22) 225m: 2:14.01 (15.08)					
	250m: 2:29.26 (15.25) 275m: 2:44.40 (15.14) 300m: 2:59.44 (15.04)					
	325m: 3:14.66 (15.22) 350m: 3:29.66 (15.00) 375m: 3:44.75 (15.09)					
	400m: 3:59.17 (14.42)					
3	 Tyler Lushkott	16		0.68		4:00.79 Entry: 4:01.29 -0.50
	25m: 12.77 50m: 27.14 (14.37) 75m: 42.06 (14.92)					
	100m: 57.17 (15.11) 125m: 1:12.44 (15.27) 150m: 1:28.02 (15.58)					
	175m: 1:43.47 (15.45) 200m: 1:59.09 (15.62) 225m: 2:14.59 (15.50)					
	250m: 2:30.08 (15.49) 275m: 2:45.55 (15.47) 300m: 3:01.03 (15.48)					
	325m: 3:16.49 (15.46) 350m: 3:31.69 (15.20) 375m: 3:46.69 (15.00)					
	400m: 4:00.79 (14.10)					
4	 Declan Broadfo	16		0.68		4:00.85 Entry: 4:03.52 -2.67
	25m: 12.69 50m: 27.22 (14.53) 75m: 42.24 (15.02)					
	100m: 57.33 (15.09) 125m: 1:12.69 (15.36) 150m: 1:28.15 (15.46)					
	175m: 1:43.66 (15.51) 200m: 1:59.27 (15.61) 225m: 2:14.61 (15.34)					
	250m: 2:30.33 (15.72) 275m: 2:45.77 (15.44) 300m: 3:01.38 (15.61)					
	325m: 3:16.61 (15.23) 350m: 3:32.25 (15.64) 375m: 3:47.01 (14.76)					
	400m: 4:00.85 (13.84)					
5	 Dominic Barton	15		0.67		Entry: 4:07.55 -4.49
	25m: 12.95 50m: 27.42 (14.47) 75m: 42.43 (15.01)					
	100m: 57.70 (15.27) 125m: 1:12.63 (14.93) 150m: 1:28.15 (15.52)					
	175m: 1:43.68 (15.53) 200m: 1:59.56 (15.88) 225m: 2:14.37 (14.81)					
	250m: 2:29.88 (15.51) 275m: 2:45.85 (15.97) 300m: 3:01.72 (15.87)					
	325m: 3:17.66 (15.94) 350m: 3:33.12 (15.46) 375m: 3:48.32 (15.20)					
	400m: 4:03.06 (14.74)					
6	 Alexander Copc	17		0.69		4:04.72 Entry: 4:03.26 +1.46
	25m: 13.38 50m: 28.13 (14.75) 75m: 43.08 (14.95)					
	100m: 58.28 (15.20) 125m: 1:13.84 (15.56) 150m: 1:29.56 (15.72)					
	175m: 1:45.44 (15.88) 200m: 2:01.07 (15.63) 225m: 2:16.97 (15.90)					

250m: 2:32.71 (15.74) 275m: 2:48.41 (15.70) 300m: 3:04.03 (15.62)
325m: 3:19.51 (15.48) 350m: 3:34.76 (15.25) 375m: 3:49.94 (15.18)
400m: 4:04.72 (14.78)

7

 Aidan Taylor

17

0.70

4:05.20

Entry: 4:04.25 +0.95

25m: 12.88 50m: 27.25 (14.37) 75m: 42.17 (14.92)
100m: 57.23 (15.06) 125m: 1:12.24 (15.01) 150m: 1:27.40 (15.16)
175m: 1:42.71 (15.31) 200m: 1:57.98 (15.27) 225m: 2:13.31 (15.33)
250m: 2:28.82 (15.51) 275m: 2:44.71 (15.89) 300m: 3:00.74 (16.03)
325m: 3:16.54 (15.80) 350m: 3:32.61 (16.07) 375m: 3:48.81 (16.20)
400m: 4:05.20 (16.39)

8

 Sheldon Hogan

16

0.75

4:06.30

Entry: 4:04.20 +2.10

25m: 13.06 50m: 27.47 (14.41) 75m: 42.40 (14.93)
100m: 57.43 (15.03) 125m: 1:12.68 (15.25) 150m: 1:28.14 (15.46)
175m: 1:43.70 (15.56) 200m: 1:59.19 (15.49) 225m: 2:14.86 (15.67)
250m: 2:30.50 (15.64) 275m: 2:46.57 (16.07) 300m: 3:02.71 (16.14)
325m: 3:18.75 (16.04) 350m: 3:35.03 (16.28) 375m: 3:50.79 (15.76)
400m: 4:06.30 (15.51)

9

 Soeren Wells

17

0.73

4:06.77

Entry: 3:59.06 +7.71

25m: 12.80 50m: 27.16 (14.36) 75m: 42.03 (14.87)
100m: 57.33 (15.30) 125m: 1:12.91 (15.58) 150m: 1:28.72 (15.81)
175m: 1:44.43 (15.71) 200m: 2:00.21 (15.78) 225m: 2:15.77 (15.56)
250m: 2:31.21 (15.44) 275m: 2:47.01 (15.80) 300m: 3:03.07 (16.06)
325m: 3:19.21 (16.14) 350m: 3:35.37 (16.16) 375m: 3:51.40 (16.03)
400m: 4:06.77 (15.37)

10

 Zack Pask

18

0.74

Entry: 4:08.05 -0.82

25m: 13.49 50m: 28.68 (15.19) 75m: 44.06 (15.38)
100m: 59.92 (15.86) 125m: 1:15.79 (15.87) 150m: 1:32.04 (16.25)
175m: 1:48.29 (16.25) 200m: 2:04.34 (16.05) 225m: 2:19.62 (15.28)
250m: 2:35.07 (15.45) 275m: 2:50.36 (15.29) 300m: 3:05.94 (15.58)
325m: 3:21.59 (15.65) 350m: 3:37.19 (15.60) 375m: 3:52.72 (15.53)
400m: 4:07.23 (14.51)

11

 Samuel Asiata

18

0.66

Entry: 4:12.13 -3.74

25m: 13.16 50m: 28.02 (14.86) 75m: 43.49 (15.47)
100m: 59.39 (15.90) 125m: 1:15.23 (15.84) 150m: 1:31.00 (15.77)
175m: 1:46.85 (15.85) 200m: 2:02.62 (15.77) 225m: 2:18.38 (15.76)
250m: 2:34.29 (15.91) 275m: 2:49.93 (15.64) 300m: 3:05.80 (15.87)
325m: 3:21.67 (15.87) 350m: 3:37.70 (16.03) 375m: 3:53.41 (15.71)
400m: 4:08.39 (14.98)

12

 Ryleigh McEwa

17

0.69

4:09.47

Entry: 4:13.77 -4.30

25m: 13.02 50m: 27.50 (14.48) 75m: 42.67 (15.17)
100m: 58.23 (15.56) 125m: 1:14.05 (15.82) 150m: 1:29.81 (15.76)
175m: 1:45.69 (15.88) 200m: 2:01.85 (16.16) 225m: 2:17.94 (16.09)
250m: 2:34.02 (16.08) 275m: 2:50.11 (16.09) 300m: 3:06.48 (16.37)
325m: 3:22.42 (15.94) 350m: 3:38.53 (16.11) 375m: 3:54.34 (15.81)
400m: 4:09.47 (15.13)

13

 Jack Barton

18

0.73

Entry: 4:06.17 +3.97

25m: 13.25 50m: 27.79 (14.54) 75m: 42.73 (14.94)
100m: 58.05 (15.32) 125m: 1:13.49 (15.44) 150m: 1:28.99 (15.50)
175m: 1:44.66 (15.67) 200m: 2:00.53 (15.87) 225m: 2:16.30 (15.77)
250m: 2:32.13 (15.83) 275m: 2:48.31 (16.18) 300m: 3:04.45 (16.14)
325m: 3:20.82 (16.37) 350m: 3:37.28 (16.46) 375m: 3:53.46 (16.18)
400m: 4:10.14 (16.68)

14  Alex Sandford

16

0.70

4:10.72
Entry: 4:06.16 **+4.56**

25m: 12.89 50m: 27.23 (14.34) 75m: 41.98 (14.75)
100m: 57.51 (15.53) 125m: 1:12.96 (15.45) 150m: 1:28.55 (15.59)
175m: 1:44.43 (15.88) 200m: 2:00.46 (16.03) 225m: 2:16.62 (16.16)
250m: 2:33.10 (16.48) 275m: 2:49.41 (16.31) 300m: 3:05.75 (16.34)
325m: 3:22.54 (16.79) 350m: 3:39.06 (16.52) 375m: 3:55.13 (16.07)
400m: 4:10.72 (15.59)

15  Jonathan Bao

14

0.67

Entry: 4:13.08 **-2.27**

25m: 13.08 50m: 28.33 (15.25) 75m: 43.84 (15.51)
100m: 59.80 (15.96) 125m: 1:15.67 (15.87) 150m: 1:31.82 (16.15)
175m: 1:47.92 (16.10) 200m: 2:04.22 (16.30) 225m: 2:19.94 (15.72)
250m: 2:36.22 (16.28) 275m: 2:52.41 (16.19) 300m: 3:08.78 (16.37)
325m: 3:24.40 (15.62) 350m: 3:40.32 (15.92) 375m: 3:55.65 (15.33)
400m: 4:10.81 (15.16)

16  Bradley Searle

17

0.63

4:11.41
Entry: 4:05.91 **+5.50**

25m: 12.99 50m: 27.78 (14.79) 75m: 42.61 (14.83)
100m: 57.90 (15.29) 125m: 1:13.14 (15.24) 150m: 1:28.99 (15.85)
175m: 1:44.61 (15.62) 200m: 2:00.44 (15.83) 225m: 2:16.46 (16.02)
250m: 2:32.70 (16.24) 275m: 2:48.87 (16.17) 300m: 3:05.40 (16.53)
325m: 3:21.88 (16.48) 350m: 3:38.61 (16.73) 375m: 3:55.25 (16.64)
400m: 4:11.41 (16.16)

17  William Callow

15

0.72

Entry: 4:12.08 **-0.65**

25m: 13.83 50m: 29.06 (15.23) 75m: 44.47 (15.41)
100m: 1:00.21 (15.74) 125m: 1:15.99 (15.78) 150m: 1:32.08 (16.09)
175m: 1:48.32 (16.24) 200m: 2:04.30 (15.98) 225m: 2:20.24 (15.94)
250m: 2:36.55 (16.31) 275m: 2:52.69 (16.14) 300m: 3:08.95 (16.26)
325m: 3:24.78 (15.83) 350m: 3:40.95 (16.17) 375m: 3:56.39 (15.44)
400m: 4:11.43 (15.04)

18  Jacob Humphrie

17

0.77

Entry: 4:09.12 **+2.53**

25m: 13.19 50m: 27.87 (14.68) 75m: 43.25 (15.38)
100m: 58.83 (15.58) 125m: 1:14.47 (15.64) 150m: 1:30.53 (16.06)
175m: 1:46.66 (16.13) 200m: 2:02.92 (16.26) 225m: 2:19.06 (16.14)
250m: 2:35.35 (16.29) 275m: 2:52.06 (16.71) 300m: 3:08.72 (16.66)
325m: 3:25.21 (16.49) 350m: 3:41.76 (16.55) 375m: 3:57.02 (15.26)
400m: 4:11.65 (14.63)

19  Edward Garbutt

14

0.81

4:11.69
Entry: 4:14.05 **-2.36**

25m: 13.11 50m: 27.67 (14.56) 75m: 42.67 (15.00)
100m: 58.06 (15.39) 125m: 1:13.62 (15.56) 150m: 1:29.50 (15.88)
175m: 1:45.36 (15.86) 200m: 2:01.59 (16.23) 225m: 2:17.92 (16.33)
250m: 2:34.46 (16.54) 275m: 2:50.75 (16.29) 300m: 3:07.09 (16.34)
325m: 3:22.99 (15.90) 350m: 3:39.63 (16.64) 375m: 3:55.86 (16.23)

400m: 4:11.69 (15.83)

20



William Sun

13

0.73

4:11.73

Entry: 4:21.17 -9.44

25m: 13.60 50m: 28.83 (15.23) 75m: 44.49 (15.66)
100m: 1:00.11 (15.62) 125m: 1:16.00 (15.89) 150m: 1:31.91 (15.91)
175m: 1:48.02 (16.11) 200m: 2:04.05 (16.03) 225m: 2:20.01 (15.96)
250m: 2:36.33 (16.32) 275m: 2:52.40 (16.07) 300m: 3:08.57 (16.17)
325m: 3:24.64 (16.07) 350m: 3:40.87 (16.23) 375m: 3:56.58 (15.71)
400m: 4:11.73 (15.15)

21



Sam Rowe

17

0.66

Entry: 4:12.18 +0.08

25m: 13.10 50m: 28.46 (15.36) 75m: 43.89 (15.43)
100m: 59.71 (15.82) 125m: 1:15.27 (15.56) 150m: 1:31.30 (16.03)
175m: 1:47.20 (15.90) 200m: 2:03.33 (16.13) 225m: 2:19.43 (16.10)
250m: 2:35.72 (16.29) 275m: 2:51.75 (16.03) 300m: 3:07.93 (16.18)
325m: 3:23.83 (15.90) 350m: 3:40.28 (16.45) 375m: 3:56.38 (16.10)
400m: 4:12.26 (15.88)

22



Vaughn Van der

14

0.71

4:12.96

Entry: 4:22.92 -9.96

25m: 12.95 50m: 28.03 (15.08) 75m: 43.85 (15.82)
100m: 1:00.14 (16.29) 125m: 1:16.40 (16.26) 150m: 1:32.50 (16.10)
175m: 1:48.81 (16.31) 200m: 2:05.28 (16.47) 225m: 2:21.67 (16.39)
250m: 2:37.71 (16.04) 275m: 2:53.95 (16.24) 300m: 3:09.53 (15.58)
325m: 3:26.06 (16.53) 350m: 3:42.30 (16.24) 375m: 3:58.15 (15.85)
400m: 4:12.96 (14.81)

23



Jackson Rowlar

15

0.67

4:13.14

Entry: 4:19.37 -6.23

25m: 12.46 50m: 27.45 (14.99) 75m: 42.81 (15.36)
100m: 58.54 (15.73) 125m: 1:14.32 (15.78) 150m: 1:30.65 (16.33)
175m: 1:46.68 (16.03) 200m: 2:02.85 (16.17) 225m: 2:19.34 (16.49)
250m: 2:35.49 (16.15) 275m: 2:51.95 (16.46) 300m: 3:08.53 (16.58)
325m: 3:24.79 (16.26) 350m: 3:41.40 (16.61) 375m: 3:57.36 (15.96)
400m: 4:13.14 (15.78)

24



Isaac Wren

16

0.65

4:13.72

Entry: 4:13.46 +0.26

25m: 13.68 50m: 28.38 (14.70) 75m: 43.73 (15.35)
100m: 59.22 (15.49) 125m: 1:15.03 (15.81) 150m: 1:31.13 (16.10)
175m: 1:47.43 (16.30) 200m: 2:03.78 (16.35) 225m: 2:20.17 (16.39)
250m: 2:36.55 (16.38) 275m: 2:53.09 (16.54) 300m: 3:09.38 (16.29)
325m: 3:25.87 (16.49) 350m: 3:42.25 (16.38) 375m: 3:58.58 (16.33)
400m: 4:13.72 (15.14)

25



Charlie Shivnan

18

0.66

Entry: 4:11.63 +2.12

25m: 13.27 50m: 28.10 (14.83) 75m: 43.58 (15.48)
100m: 59.24 (15.66) 125m: 1:15.04 (15.80) 150m: 1:31.17 (16.13)
175m: 1:47.10 (15.93) 200m: 2:03.41 (16.31) 225m: 2:19.57 (16.16)
250m: 2:35.98 (16.41) 275m: 2:52.42 (16.44) 300m: 3:09.05 (16.63)
325m: 3:25.49 (16.44) 350m: 3:41.81 (16.32) 375m: 3:58.02 (16.21)
400m: 4:13.75 (15.73)

26



James Zhang

14

0.68

4:14.48

Entry: 4:20.43 -5.95

25m: 12.84 50m: 27.42 (14.58) 75m: 42.69 (15.27)

100m: 58.58 (15.89) 125m: 1:14.59 (16.01) 150m: 1:30.87 (16.28)
175m: 1:47.24 (16.37) 200m: 2:03.45 (16.21) 225m: 2:19.72 (16.27)
250m: 2:35.92 (16.20) 275m: 2:52.65 (16.73) 300m: 3:09.27 (16.62)
325m: 3:25.76 (16.49) 350m: 3:42.57 (16.81) 375m: 3:58.38 (15.81)
400m: 4:14.48 (16.10)

27



Kaeto Sasamot

15

0.66

4:15.43

Entry: 4:18.31 -2.88

25m: 13.32 50m: 28.36 (15.04) 75m: 43.90 (15.54)
100m: 59.80 (15.90) 125m: 1:16.11 (16.31) 150m: 1:32.20 (16.09)
175m: 1:48.52 (16.32) 200m: 2:04.83 (16.31) 225m: 2:21.06 (16.23)
250m: 2:37.31 (16.25) 275m: 2:53.45 (16.14) 300m: 3:10.12 (16.67)
325m: 3:26.84 (16.72) 350m: 3:43.59 (16.75) 375m: 3:59.83 (16.24)
400m: 4:15.43 (15.60)

28



Kase Glintmeyer

15

0.67

4:15.90

Entry: 4:25.75 -9.85

25m: 12.73 50m: 27.58 (14.85) 75m: 43.79 (16.21)
100m: 1:00.07 (16.28) 125m: 1:16.35 (16.28) 150m: 1:33.27 (16.92)
175m: 1:50.05 (16.78) 200m: 2:06.60 (16.55) 225m: 2:23.17 (16.57)
250m: 2:39.74 (16.57) 275m: 2:56.33 (16.59) 300m: 3:12.87 (16.54)
325m: 3:29.32 (16.45) 350m: 3:45.40 (16.08) 375m: 4:01.16 (15.76)
400m: 4:15.90 (14.74)

29



Charlie Norgate

16

0.73

4:16.57

Entry: 4:17.00 -0.43

25m: 13.36 50m: 28.25 (14.89) 75m: 44.02 (15.77)
100m: 59.84 (15.82) 125m: 1:16.16 (16.32) 150m: 1:32.20 (16.04)
175m: 1:48.64 (16.44) 200m: 2:05.02 (16.38) 225m: 2:21.60 (16.58)
250m: 2:38.13 (16.53) 275m: 2:54.71 (16.58) 300m: 3:11.40 (16.69)
325m: 3:27.97 (16.57) 350m: 3:44.53 (16.56) 375m: 4:00.97 (16.44)
400m: 4:16.57 (15.60)

30



Maxwell Latu

16

0.70

4:17.18

Entry: 4:23.55 -6.37

25m: 13.32 50m: 28.54 (15.22) 75m: 44.38 (15.84)
100m: 1:00.71 (16.33) 125m: 1:16.93 (16.22) 150m: 1:33.29 (16.36)
175m: 1:49.89 (16.60) 200m: 2:06.50 (16.61) 225m: 2:22.37 (15.87)
250m: 2:38.94 (16.57) 275m: 2:55.28 (16.34) 300m: 3:11.99 (16.71)
325m: 3:28.55 (16.56) 350m: 3:45.30 (16.75) 375m: 4:01.55 (16.25)
400m: 4:17.18 (15.63)

31



Fletcher Cumm

14

0.78

4:17.99

Entry: 4:22.65 -4.66

25m: 13.71 50m: 29.43 (15.72) 75m: 45.55 (16.12)
100m: 1:02.06 (16.51) 125m: 1:18.35 (16.29) 150m: 1:34.66 (16.31)
175m: 1:51.21 (16.55) 200m: 2:08.32 (17.11) 225m: 2:24.94 (16.62)
250m: 2:41.43 (16.49) 275m: 2:57.88 (16.45) 300m: 3:14.33 (16.45)
325m: 3:30.83 (16.50) 350m: 3:47.18 (16.35) 375m: 4:02.96 (15.78)
400m: 4:17.99 (15.03)

32



Matthew Callow

13

0.72

4:19.17

Entry: 4:21.68 -2.51

25m: 13.79 50m: 29.05 (15.26) 75m: 44.99 (15.94)
100m: 1:00.87 (15.88) 125m: 1:17.71 (16.84) 150m: 1:34.07 (16.36)
175m: 1:50.70 (16.63) 200m: 2:06.83 (16.13) 225m: 2:23.69 (16.86)
250m: 2:39.97 (16.28) 275m: 2:56.85 (16.88) 300m: 3:13.41 (16.56)
325m: 3:30.67 (17.26) 350m: 3:47.06 (16.39) 375m: 4:03.66 (16.60)
400m: 4:19.17 (15.51)

33  Samuel Shvnr 15 0.65 4:19.70
Entry: 4:19.98 -0.28

25m: 13.45 50m: 28.84 (15.39) 75m: 44.66 (15.82)
100m: 1:00.72 (16.06) 125m: 1:17.01 (16.29) 150m: 1:33.39 (16.38)
175m: 1:49.89 (16.50) 200m: 2:06.66 (16.77) 225m: 2:23.38 (16.72)
250m: 2:40.19 (16.81) 275m: 2:57.13 (16.94) 300m: 3:14.00 (16.87)
325m: 3:30.66 (16.66) 350m: 3:47.31 (16.65) 375m: 4:04.08 (16.77)
400m: 4:19.70 (15.62)

34  Oscar Pederser 17 0.79 4:19.76
Entry: 4:17.15 +2.61

25m: 13.16 50m: 28.08 (14.92) 75m: 43.35 (15.27)
100m: 58.96 (15.61) 125m: 1:14.94 (15.98) 150m: 1:31.28 (16.34)
175m: 1:47.42 (16.14) 200m: 2:04.08 (16.66) 225m: 2:20.66 (16.58)
250m: 2:37.43 (16.77) 275m: 2:54.27 (16.84) 300m: 3:11.67 (17.40)
325m: 3:28.84 (17.17) 350m: 3:46.19 (17.35) 375m: 4:03.21 (17.02)
400m: 4:19.76 (16.55)

35  Connor Webby 16 0.65 4:19.84
Entry: 4:19.27 +0.57

25m: 13.11 50m: 27.98 (14.87) 75m: 43.71 (15.73)
100m: 59.86 (16.15) 125m: 1:16.13 (16.27) 150m: 1:32.78 (16.65)
175m: 1:49.17 (16.39) 200m: 2:05.89 (16.72) 225m: 2:22.30 (16.41)
250m: 2:39.16 (16.86) 275m: 2:55.64 (16.48) 300m: 3:12.45 (16.81)
325m: 3:29.37 (16.92) 350m: 3:46.84 (17.47) 375m: 4:03.73 (16.89)
400m: 4:19.84 (16.11)

36  Lucas Wang 13 0.70 4:20.06
Entry: 4:29.04 -8.98

25m: 13.82 50m: 75m: 45.30 (45.30) 100m:
125m: 1:18.28 (1:18.28) 150m: 175m: 1:51.87 (1:51.87)
200m: 2:08.34 (16.47) 225m: 2:24.68 (16.34) 250m: 2:41.41 (16.73)
275m: 2:58.37 (16.96) 300m: 3:15.39 (17.02) 325m: 3:32.69 (17.30)
350m: 3:49.34 (16.65) 375m: 4:04.64 (15.30) 400m: 4:20.06 (15.42)

37  Everett Williams 15 0.79 Entry: 4:09.88 +10.55

25m: 13.69 50m: 28.99 (15.30) 75m:
100m: 1:00.76 (1:00.76) 125m: 1:16.81 (16.05) 150m: 1:33.05 (16.24)
175m: 200m: 2:06.23 (2:06.23) 225m: 2:55.12 (48.89)
250m: 2:38.41 275m: 300m: 3:11.84 (3:11.84)
325m: 3:28.91 (17.07) 350m: 3:46.12 (17.21) 375m:
400m: 4:20.43 (4:20.43)

38  Osei Fukuda 16 0.70 4:20.81
Entry: 4:18.75 +2.06

25m: 13.09 50m: 27.61 (14.52) 75m: 43.06 (15.45)
100m: 59.23 (16.17) 125m: 1:15.23 (16.00) 150m: 1:31.89 (16.66)
175m: 1:47.97 (16.08) 200m: 2:04.21 (16.24) 225m: 2:20.29 (16.08)
250m: 2:37.64 (17.35) 275m: 2:53.95 (16.31) 300m: 3:11.28 (17.33)
325m: 3:29.19 (17.91) 350m: 3:46.12 (16.93) 375m: 4:03.52 (17.40)
400m: 4:20.81 (17.29)

39  Thomas Cave 16 0.74 4:22.62
Entry: 4:14.04 +8.58

25m: 13.76 50m: 28.69 (14.93) 75m: 43.89 (15.20)
100m: 59.55 (15.66) 125m: 1:15.54 (15.99) 150m: 1:31.78 (16.24)
175m: 1:48.36 (16.58) 200m: 2:04.94 (16.58) 225m: 2:21.95 (17.01)
250m: 2:38.80 (16.85) 275m: 2:56.20 (17.40) 300m: 3:13.70 (17.50)

325m: 3:31.14 (17.44) 350m: 3:48.00 (16.86) 375m: 4:05.75 (17.75)
400m: 4:22.62 (16.87)

40



Hayden Forlong

15

0.70

4:22.78

Entry: 4:21.70 +1.08

25m: 13.57 50m: 29.23 (15.66) 75m: 45.64 (16.41)
100m: 1:01.89 (16.25) 125m: 1:18.65 (16.76) 150m: 1:35.35 (16.70)
175m: 1:51.76 (16.41) 200m: 2:08.46 (16.70) 225m: 2:25.06 (16.60)
250m: 2:41.75 (16.69) 275m: 2:58.37 (16.62) 300m: 3:15.14 (16.77)
325m: 3:32.10 (16.96) 350m: 3:48.95 (16.85) 375m: 4:06.09 (17.14)
400m: 4:22.78 (16.69)

41



Jesu Yu

14

0.67

4:23.17

Entry: 4:27.48 -4.31

25m: 13.38 50m: 29.06 (15.68) 75m: 45.48 (16.42)
100m: 1:02.08 (16.60) 125m: 1:18.88 (16.80) 150m: 1:35.73 (16.85)
175m: 1:52.62 (16.89) 200m: 2:09.84 (17.22) 225m: 2:27.01 (17.17)
250m: 2:44.19 (17.18) 275m: 3:01.17 (16.98) 300m: 3:18.21 (17.04)
325m: 3:34.22 (16.01) 350m: 3:50.86 (16.64) 375m: 4:07.27 (16.41)
400m: 4:23.17 (15.90)

42



Evan Fang

14

0.78

4:23.19

Entry: 4:24.06 -0.87

25m: 13.38 50m: 28.52 (15.14) 75m: 44.15 (15.63)
100m: 1:00.47 (16.32) 125m: 1:17.41 (16.94) 150m: 1:34.53 (17.12)
175m: 1:51.35 (16.82) 200m: 2:08.38 (17.03) 225m: 2:25.37 (16.99)
250m: 2:42.30 (16.93) 275m: 2:58.96 (16.66) 300m: 3:16.17 (17.21)
325m: 3:33.40 (17.23) 350m: 3:50.58 (17.18) 375m: 4:07.31 (16.73)
400m: 4:23.19 (15.88)

43



Lenny Park

13

0.69

4:23.88

Entry: 4:31.46 -7.58

25m: 13.84 50m: 29.27 (15.43) 75m: 45.58 (16.31)
100m: 1:01.72 (16.14) 125m: 1:18.61 (16.89) 150m: 1:34.88 (16.27)
175m: 1:51.75 (16.87) 200m: 2:08.71 (16.96) 225m: 2:25.52 (16.81)
250m: 2:42.26 (16.74) 275m: 2:59.71 (17.45) 300m: 3:16.91 (17.20)
325m: 3:33.82 (16.91) 350m: 3:50.49 (16.67) 375m: 4:07.16 (16.67)
400m: 4:23.88 (16.72)

44



Levi Dixon

14

0.74

4:24.29

Entry: 4:28.10 -3.81

25m: 13.98 50m: 29.40 (15.42) 75m: 45.56 (16.16)
100m: 1:02.12 (16.56) 125m: 1:19.03 (16.91) 150m: 1:35.97 (16.94)
175m: 1:53.49 (17.52) 200m: 2:10.90 (17.41) 225m: 2:27.66 (16.76)
250m: 2:44.79 (17.13) 275m: 3:01.99 (17.20) 300m: 3:19.35 (17.36)
325m: 3:35.86 (16.51) 350m: 3:52.86 (17.00) 375m: 4:09.05 (16.19)
400m: 4:24.29 (15.24)

45



Tristin Costabel

14

0.73

4:24.56

Entry: 4:41.16 -16.60

25m: 13.91 50m: 29.45 (15.54) 75m: 45.61 (16.16)
100m: 1:02.26 (16.65) 125m: 1:19.01 (16.75) 150m: 1:35.89 (16.88)
175m: 1:53.13 (17.24) 200m: 2:10.02 (16.89) 225m: 2:26.90 (16.88)
250m: 2:43.88 (16.98) 275m: 3:00.70 (16.82) 300m: 3:17.64 (16.94)
325m: 3:34.25 (16.61) 350m: 3:51.21 (16.96) 375m: 4:08.25 (17.04)
400m: 4:24.56 (16.31)

46



Harry Lynn

16

0.67

4:25.87

Entry: 4:21.54 +4.33

25m: 13.22 50m: 28.56 (15.34) 75m: 44.36 (15.80)
100m: 1:00.88 (16.52) 125m: 1:17.68 (16.80) 150m: 1:34.65 (16.97)
175m: 1:51.36 (16.71) 200m: 2:08.12 (16.76) 225m: 2:25.08 (16.96)
250m: 2:42.56 (17.48) 275m: 2:59.64 (17.08) 300m: 3:16.84 (17.20)
325m: 3:34.45 (17.61) 350m: 3:51.83 (17.38) 375m: 4:09.19 (17.36)
400m: 4:25.87 (16.68)

47  Anaru Fitzell

16

0.81

4:27.03

Entry: 4:26.21 +0.82

25m: 13.89 50m: 29.02 (15.13) 75m: 45.24 (16.22)
100m: 1:02.09 (16.85) 125m: 1:19.10 (17.01) 150m: 1:36.10 (17.00)
175m: 1:53.34 (17.24) 200m: 2:10.97 (17.63) 225m: 2:28.10 (17.13)
250m: 2:45.24 (17.14) 275m: 3:02.48 (17.24) 300m: 3:19.57 (17.09)
325m: 3:36.91 (17.34) 350m: 3:54.03 (17.12) 375m: 4:10.96 (16.93)
400m: 4:27.03 (16.07)

48  Steve Zhang

14

0.65

4:28.43

Entry: 4:30.12 -1.69

25m: 14.06 50m: 30.32 (16.26) 75m: 46.75 (16.43)
100m: 1:03.56 (16.81) 125m: 1:20.44 (16.88) 150m: 1:37.47 (17.03)
175m: 1:54.55 (17.08) 200m: 2:11.70 (17.15) 225m: 2:29.00 (17.30)
250m: 2:46.40 (17.40) 275m: 3:03.62 (17.22) 300m: 3:20.90 (17.28)
325m: 3:38.19 (17.29) 350m: 3:55.37 (17.18) 375m: 4:12.35 (16.98)
400m: 4:28.43 (16.08)

49  Culainn Stunell

14

0.63

4:30.44

Entry: 4:37.32 -6.88

25m: 14.24 50m: 30.21 (15.97) 75m: 47.11 (16.90)
100m: 1:04.07 (16.96) 125m: 1:21.03 (16.96) 150m: 1:38.60 (17.57)
175m: 1:55.49 (16.89) 200m: 2:12.67 (17.18) 225m: 2:30.27 (17.60)
250m: 2:47.53 (17.26) 275m: 3:04.64 (17.11) 300m: 3:22.40 (17.76)
325m: 3:39.66 (17.26) 350m: 3:57.05 (17.39) 375m: 4:14.05 (17.00)
400m: 4:30.44 (16.39)

50  Tyronne Northcote

13

0.71

4:31.87

Entry: 4:48.00 -16.13

25m: 14.50 50m: 30.65 (16.15) 75m: 47.31 (16.66)
100m: 1:04.29 (16.98) 125m: 1:21.06 (16.77) 150m: 1:38.30 (17.24)
175m: 1:55.42 (17.12) 200m: 2:12.62 (17.20) 225m: 2:29.85 (17.23)
250m: 2:47.22 (17.37) 275m: 3:04.93 (17.71) 300m: 3:22.60 (17.67)
325m: 3:40.13 (17.53) 350m: 3:57.89 (17.76) 375m: 4:15.30 (17.41)
400m: 4:31.87 (16.57)

51  Phoenix Botes

14

0.69

4:32.04

Entry: 4:39.49 -7.45

25m: 13.76 50m: 29.37 (15.61) 75m: 46.01 (16.64)
100m: 1:03.52 (17.51) 125m: 1:20.84 (17.32) 150m: 1:38.50 (17.66)
175m: 1:56.36 (17.86) 200m: 2:14.01 (17.65) 225m: 2:31.86 (17.85)
250m: 2:49.69 (17.83) 275m: 3:07.30 (17.61) 300m: 3:24.81 (17.51)
325m: 3:42.32 (17.51) 350m: 3:59.32 (17.00) 375m: 4:16.10 (16.78)
400m: 4:32.04 (15.94)

52  Lucas Forlong

14

0.76

4:33.28

Entry: 4:34.75 -1.47

25m: 14.13 50m: 30.05 (15.92) 75m: 46.21 (16.16)
100m: 1:02.70 (16.49) 125m: 1:19.55 (16.85) 150m: 1:36.82 (17.27)
175m: 1:54.12 (17.30) 200m: 2:11.51 (17.39) 225m: 2:29.22 (17.71)
250m: 2:46.81 (17.59) 275m: 3:04.73 (17.92) 300m: 3:23.02 (18.29)
325m: 3:40.70 (17.68) 350m: 3:58.61 (17.91) 375m: 4:16.19 (17.58)

400m: 4:33.28 (17.09)

53

 Eason Chang

14

0.66

4:34.46

Entry: 4:38.93 -4.47

25m: 14.29 50m: 29.78 (15.49) 75m: 46.48 (16.70)
100m: 1:03.15 (16.67) 125m: 1:20.42 (17.27) 150m: 1:38.23 (17.81)
175m: 1:55.94 (17.71) 200m: 2:14.10 (18.16) 225m: 2:32.03 (17.93)
250m: 2:49.94 (17.91) 275m: 3:07.88 (17.94) 300m: 3:25.68 (17.80)
325m: 3:43.21 (17.53) 350m: 4:00.87 (17.66) 375m: 4:17.91 (17.04)
400m: 4:34.46 (16.55)

54

 Logan Woods

14

0.66

4:34.60

Entry: 4:38.94 -4.34

25m: 15.19 50m: 31.90 (16.71) 75m: 49.16 (17.26)
100m: 1:06.70 (17.54) 125m: 1:23.71 (17.01) 150m: 1:41.56 (17.85)
175m: 1:59.27 (17.71) 200m: 2:17.03 (17.76) 225m: 2:34.44 (17.41)
250m: 2:51.74 (17.30) 275m: 3:09.13 (17.39) 300m: 3:26.40 (17.27)
325m: 3:43.43 (17.03) 350m: 4:00.84 (17.41) 375m: 4:17.66 (16.82)
400m: 4:34.60 (16.94)

55

 Jayson Zhou

14

0.79

4:36.07

Entry: 4:40.22 -4.15

25m: 13.65 50m: 29.19 (15.54) 75m: 46.09 (16.90)
100m: 1:03.50 (17.41) 125m: 1:20.95 (17.45) 150m: 1:39.01 (18.06)
175m: 1:57.49 (18.48) 200m: 2:15.34 (17.85) 225m: 2:32.83 (17.49)
250m: 2:50.62 (17.79) 275m: 3:08.76 (18.14) 300m: 3:26.86 (18.10)
325m: 3:44.64 (17.78) 350m: 4:02.55 (17.91) 375m: 4:19.68 (17.13)
400m: 4:36.07 (16.39)

56

 Felix Mariano

14

0.67

4:37.56

Entry: 4:34.55 +3.01

25m: 14.10 50m: 30.34 (16.24) 75m: 46.98 (16.64)
100m: 1:03.91 (16.93) 125m: 1:21.08 (17.17) 150m: 1:38.52 (17.44)
175m: 1:55.71 (17.19) 200m: 2:12.99 (17.28) 225m: 2:30.38 (17.39)
250m: 2:48.21 (17.83) 275m: 3:06.19 (17.98) 300m: 3:24.26 (18.07)
325m: 3:42.82 (18.56) 350m: 4:01.33 (18.51) 375m: 4:19.72 (18.39)
400m: 4:37.56 (17.84)

57

 Leroy Kavanagl

13

0.79

4:40.49

Entry: 4:45.44 -4.95

25m: 14.32 50m: 30.46 (16.14) 75m: 47.74 (17.28)
100m: 1:05.39 (17.65) 125m: 1:23.45 (18.06) 150m: 1:41.30 (17.85)
175m: 1:59.25 (17.95) 200m: 2:17.70 (18.45) 225m: 2:35.61 (17.91)
250m: 2:53.80 (18.19) 275m: 3:11.74 (17.94) 300m: 3:30.30 (18.56)
325m: 3:47.84 (17.54) 350m: 4:05.86 (18.02) 375m: 4:23.21 (17.35)
400m: 4:40.49 (17.28)

58

 Toby Wales

13

0.87

4:41.34

Entry: 4:47.56 -6.22

25m: 14.72 50m: 31.53 (16.81) 75m: 48.70 (17.17)
100m: 1:06.57 (17.87) 125m: 1:24.23 (17.66) 150m: 1:42.33 (18.10)
175m: 2:00.07 (17.74) 200m: 2:18.03 (17.96) 225m: 2:36.10 (18.07)
250m: 2:54.13 (18.03) 275m: 3:12.42 (18.29) 300m: 3:30.70 (18.28)
325m: 3:48.82 (18.12) 350m: 4:06.85 (18.03) 375m: 4:24.62 (17.77)
400m: 4:41.34 (16.72)

59

 Shane Murdoch

14

0.63

4:44.11

Entry: 4:37.76 +6.35

25m: 14.66 50m: 30.97 (16.31) 75m: 47.79 (16.82)

100m: 1:05.27 (17.48) 125m: 1:23.18 (17.91) 150m: 1:41.32 (18.14)
175m: 1:59.45 (18.13) 200m: 2:17.60 (18.15) 225m: 2:35.85 (18.25)
250m: 2:54.11 (18.26) 275m: 3:12.52 (18.41) 300m: 3:30.92 (18.40)
325m: 3:49.54 (18.62) 350m: 4:08.06 (18.52) 375m: 4:26.62 (18.56)
400m: 4:44.11 (17.49)

60



Henry Katongo

13

0.80

4:44.89

Entry: 4:45.41 -0.52

25m: 15.21 50m: 32.02 (16.81) 75m: 49.53 (17.51)
100m: 1:07.61 (18.08) 125m: 1:25.28 (17.67) 150m: 1:43.66 (18.38)
175m: 2:02.04 (18.38) 200m: 2:20.79 (18.75) 225m: 2:39.31 (18.52)
250m: 2:57.85 (18.54) 275m: 3:16.37 (18.52) 300m: 3:34.43 (18.06)
325m: 3:52.72 (18.29) 350m: 4:10.37 (17.65) 375m: 4:28.29 (17.92)
400m: 4:44.89 (16.60)

61



Matthew Yardle

13

0.70

4:46.07

Entry: 4:51.03 -4.96

25m: 14.62 50m: 30.88 (16.26) 75m: 48.11 (17.23)
100m: 1:05.47 (17.36) 125m: 1:23.14 (17.67) 150m: 1:41.06 (17.92)
175m: 1:59.17 (18.11) 200m: 2:17.73 (18.56) 225m: 2:36.34 (18.61)
250m: 2:55.25 (18.91) 275m: 3:13.95 (18.70) 300m: 3:32.58 (18.63)
325m: 3:51.27 (18.69) 350m: 4:10.30 (19.03) 375m: 4:28.98 (18.68)
400m: 4:46.07 (17.09)

62



Jonty Howland

S6 15

0.67

450

6:08.58

Entry: 6:13.91 -5.33

25m: 19.39 50m: 40.81 (21.42) 75m: 1:03.58 (22.77)
100m: 1:26.87 (23.29) 125m: 1:50.74 (23.87) 150m: 2:14.07 (23.33)
175m: 2:37.89 (23.82) 200m: 3:01.77 (23.88) 225m: 3:25.52 (23.75)
250m: 3:49.03 (23.51) 275m: 4:12.71 (23.68) 300m: 4:35.95 (23.24)
325m: 4:59.56 (23.61) 350m: 5:23.03 (23.47) 375m: 5:46.15 (23.12)
400m: 6:08.58 (22.43)